



# Naval Hospital Guam

*"Service Before Self"*



**Where Navy Medicine Begins!**

## CAPT David Barrows Commanding Officer



Captain David Barrows is a native of Los Angeles, California. He received a direct commission as a Navy ensign in 1997. He earned a bachelor's degree in biochemistry from University of California, Los Angeles, graduating summa cum laude and Phi Beta Kappa. He received a Doctor of Medicine from the University of California, Davis in 2001. At Dartmouth's Tuck School of Business he received his Master of Health Care Delivery Science in 2020.

He completed a General Surgery internship at Cottage Health in Santa Barbara, California in 2001 and a residency in Anesthesiology at the National Capital Consortium in Washington, DC in 2007. He went on to complete a fellowship in Pain Medicine at Stanford University Medical Center in 2010. He holds board certifications in Anesthesiology, Pain Medicine, and Addictionology.

His Navy career began in 2002, where he served as the Battalion Surgeon for the 2nd Assault Amphibian Battalion, 2nd Marine Division and deployed to Iraq in 2003 with the 1st Marine Expeditionary Force. After residency, he stayed on at National Naval Medical Center and deployed as an anesthesiologist in 2008-2009 with the 1st Medical Battalion, 1st Marine Logistics Group to Al Taqadum, Iraq.

After returning to Walter Reed National Military Medical Center after fellowship, Barrows served as Anesthesiologist, pain management physician, and Associate Program Director of the National Capital Consortium's pain management fellowship.

From 2012 to 2017 he served as the Department Head of Anesthesia and Pain Management and subsequently as the Director of Surgical Services at Naval Medical Center Camp Lejeune.

In 2017 he transitioned to the Navy Bureau of Medicine and Surgery. During his tenure, he established and directed the Trauma Strategy Management Office and the Navy Clinical Communities. He led the development of the Navy Medicine Trauma Strategy, and served as the Acting Deputy Chief Medical Officer for Navy Medicine. He also supported the Defense Health Agency in the development of clinical communities.

From June 2020 to May 2022, Barrows served as the Executive Officer of Naval Hospital Jacksonville and Navy Medicine Readiness & Training Command Jacksonville. During his tour he led the Defense in Support of Civilian Authority mission in Jacksonville to provide the local population with COVID vaccinations in concert with the State of Florida and the Federal Emergency Management Agency.

He assumed command of Naval Readiness and Training Command Guam and Director of Naval Hospital Guam in June 2022.

His personal military awards include the Legion of Merit, Meritorious Service Medals (two awards), Navy and Marine Corps Commendation Medals (two awards), Army Commendation Medal, Navy and Marine Corps Achievement Medal, and Combat Action Ribbon.



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## CAPT Virginia H. Damin Executive Officer



Captain (Gini) Damin graduated from Purdue University in 2003 with a Bachelor of Science in Nursing and commissioned as an Ensign through the Reserve Officer Training Corps.

CAPT Damin reported to Naval Hospital Camp Pendleton (NHCP) and worked as a staff nurse. One year into her initial tour, she deployed to Al Taqaddum, Iraq in support of Operation Iraqi Freedom (OIF) where she served as an En Route Care/trauma nurse. In July, 2006 CAPT Damin transferred to Naval Medical Center San Diego where she deployed for a second tour in support of OIF, and subsequently found her niche as a critical care nurse.

In 2010, CAPT Damin transferred to Norfolk, VA where she served as critical care nurse, Fleet Surgical Team II (FST 2). During this tour, she deployed aboard the USS Iwo Jima and participated in pre-deployment exercises aboard the USS Kearsarge.

In May 2012 CAPT Damin transferred back to NHCP where she served as Department Head of the Multi-Service Ward and Intensive Care Unit. In 2015 CAPT Damin earned a Master's Degree in Healthcare Administration and was selected for full time out-service Duty Under Instruction.

CAPT Damin graduated from ODU in May 2017 with a second Master's Degree focused on the Education and Training Master Specialist program. She reported to NHCP for a third tour and served as the head of Staff Education and Training and then as Associate Director for Nursing Services. CAPT Damin most recently served as Officer in Charge, Navy Medicine Operational Training Command Detachment Naval Expeditionary Medical Training Institute.

CAPT Damin maintains professional certification and clinical expertise as a Certified Critical Care Nurse. Qualifications include Fleet Marine Force Qualified Officer and Surface Warfare Medical Department Qualified Officer. Personal awards include Meritorious Service Medal (2 awards), Navy and Marine Corps Commendation Medal (5 awards) and Navy and Marine Corps Achievement Medal (3 awards).



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## **CMDCM (FMF/EXW) ANTHONY A. ROYAL** **Command Master Chief**



Command Master Chief Anthony Royal was raised in Birmingham, Alabama and enlisted in the Navy on November 22, 1988. He completed Recruit Training and Hospital Corps "A" School in Great Lakes, IL; Field Medical Service School in Camp Johnson, NC; Expeditionary Combat Skill in Gulfport, MS; Riverine Combat Skill in Camp Lejeune, NC; earned his Bachelor of Arts in Business Administration in Health Care Management from Saint Leo University; a graduate of Senior Enlisted Academy class 195; and Command Master Chief & Chief of the Boat Course (A-570-4500) Class 20040. Royal served six years ten months and 28 days on active duty during his first enlistment before transferring to the Naval Reserves, where he would spend the next six years. After the cowardly act of terrorists on September 11, 2001 Royal accepted a reduction of rank of three pay grades returning him to E-3 in order to return to active duty on November 28, 2001 where he continues to honorably serve his country to this day.

Royal's duty assignments include Naval Hospital Groton, CT; Marine Corps Combat Development Command, Officer Candidate School, Quantico, VA; 2D Marine Division Camp Lejeune, NC where he was

assigned to 1st Battalion, 6th Marines deploying Operation Desert Shield and Desert Storm 1991 and 1st Battalion, 8th Marines deploying with 22nd MEU during Operation Provide Comfort 1991-1992; Naval Hospital Millington, TN; 4th Marine Division Memphis, TN where he was assigned to 3d Battalion, 23d Marines; Army 8th Brigade, 100th Division Memphis, TN where he was assigned as a Combat Medic Instructor; 2D Force Service Support Group Camp Lejeune, NC deploying with Alpha Surgical Company in support of Operation Iraqi Freedom 2003 and Explosive Ordnance Disposal Unit to Al Anbar province, Ramadi, Iraq 2004; Headquarters Marine Corps Forces Command Norfolk, VA; Riverine Squadron ONE Virginia Beach, VA deploying to Operation Iraqi Freedom and Operation Red Dawn 2010; 3D Marine Division Kaneohe Bay, HI where he was assigned to 3d Battalion, 3d Marines deploying as part of the Unit Deployment Program 2013 & 2014-2015; Naval Health Clinic Hawaii where he was assigned to Director of Public Health and Director for Administration; Expeditionary Medical Facility, Camp Lemonnier in Djibouti, Africa as the Senior Enlisted Advisor during an OSA assignment in support of OEF-Djibouti 2018-2019; and Walter Reed National Military Medical Center, Bethesda, MD Senior Enlisted Leader for Directorate for Clinical Support.

Royal reported to U. S. Naval Support Facility, Diego Garcia on July 7, 2022 as the Installation Command Master Chief.

Royal's personnel awards include the Joint Service Commendation Medal, Navy and Marine Corps Commendation Medal, Joint Service Achievement Medal, Navy and Marine Corps Achievement Medal with Combat "V", Outstanding Volunteer Service Medal, and various unit and campaign awards. He is authorized to wear the Enlisted Fleet Marine Force Warfare Specialist and Enlisted Expeditionary Warfare Specialist Insignia.